

# Angelica Kavouni

Ms Angelica Kavouni FRCS EBOPRAS Cosmetic Plastic Surgeon graduated from the medical school of Thessaloniki, Greece and continued her postgraduate studies at the University of Bristol Medical School on a scholarship from the Erasmus European Institute.

She trained in Plastic Surgery in London NHS Hospitals; following her certification by the European Board of Plastic, Reconstructive and Aesthetic Surgery she specialised in Cosmetic Surgery as a fellow at London's Institute of Aesthetic Plastic Surgery – as seen in TV's 'Plastic Surgery School'

Two more years were then spent working as an associate cosmetic surgeon to Mr Jan Stanek of 'Ten Years Younger' fame.

Angelica completed her doctoral thesis (MD) on growth hormone and wound healing for the University of Thessaloniki.

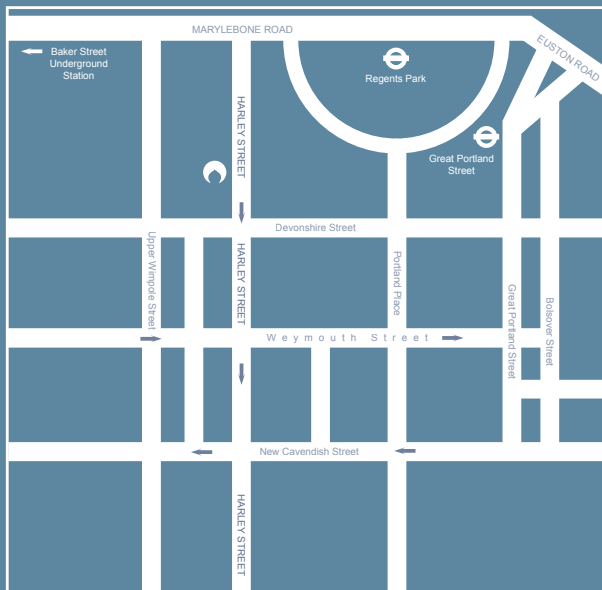
On the General Medical Council specialist register in Plastic Surgery her qualifications include:

- Fellowship of the Royal College of Surgeons of England FRCS
- Fellowship of the European Boards in Plastic, Reconstructive and Aesthetic Surgery EBOPRAS
- Membership of the Hellenic and International Federation of Plastic, Reconstructive and Aesthetic Surgery IPRAS

Ms Kavouni holds a locum consultancy post at London's Chelsea and Westminster Hospital treating HIV related skin disorders.

Personal: Angelica is married to fellow Plastic Surgeon, Mr Lucian Ion and is the mother of two small boys.

GMC number: 4002006



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# For His Eyes Only

Angelica Kavouni MD FRCS EBOPRAS  
Cosmetic Plastic Surgeon

# ABOUT ANGELICA KAVOUNI

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**Ms Angelica Kavouni MD FRCS EBOPRAS Plastic Surgeon** is the director of a medical practice specialising in anti-ageing care and cosmetic plastic surgery.

We pride ourselves on our uncomplicated, honest and straight forward approach, offering you a complete range of modern aesthetic surgical procedures and non invasive rejuvenation techniques.

Plastic surgery requires an artistic eye and an expert hand to execute properly and Angelica is known for her perfectionism and attention to detail. She appreciates that a positive body image improves quality of life and the perception of well-being, therefore her team strives to provide you with the latest anti-ageing procedures in a safe, caring, and relaxing environment.

No longer a women only enclave, our office has experienced a huge increase in the number of men seeking help to turn back the clock. A growing number of you appreciate Angelica's facial aesthetics practice of 'rejuvenation and not change' – a philosophy that has made her made her one of the most sought after Aesthetic Plastic Surgeons in the UK.

Angelica takes pride in the fact that she does not try to change facial features but instead uses state-of-the-art scientific advances, both non-invasive and surgical (or most commonly a subtle blend of the two) to refresh and enhance masculine characteristics. Angelica: "I gain immense personal pleasure and professional satisfaction when helping patients turn back the clock - five years is readily achievable and ten not impossible. It is not my aim to persuade you to undergo aesthetic intervention but I am more than willing to help educate you on the many options available."

Body shaping is often high on a man's agenda and we are pleased to be one of very few London practices offering Vaser™ Liposelection – a system of fat removal that can effectively contour your abdomen.

Although no one can offer risk-free plastic surgery, or guarantee a perfect result, we offer plastic surgery of the highest quality with your safety and satisfaction remaining our priority.

Call us to book a one-to-one consultation with Ms Kavouni during which you will be able to devise your own, individual anti-ageing or surgical plan. Telephone 020 7486 9040

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No need for embarrassment – you're not on your own. A steadily increasing number of men are relieved that they can also seek help in sorting out their own body problems.

Face it – you can age gracefully too!

**Deep lines on your forehead and around the eyes?**

Consider: botox to relax those strong muscles

Repeat: every 4-6 months

Consider: Laser treatment

Repeat: a course of three or four sessions suggested spaced 4 weeks apart. Effects last up to 3 years.

**Looking craggy with deep nose to mouth lines?**

Consider: filler

Consider: Endotine mid-facelift

**Hollow eyes with dark circles?**

Consider: filler to plump the skin

Repeat: every 6 -12 months

**Heavy eyelids and eye bags make you look tired all the time?**

Consider: upper and/or lower eyelid lift

**No cheek bone definition?**

Consider: Surgical buccal fat removal

Consider: Cheek implants

Consider: Filler to the cheek bone

**Do you hate your nose?**

Consider: rhinoplasty

Consider: Septorhinoplasty

Consider: nasal tip surgery

**Weak chin?**

Consider: chin augmentation – either filler or implant

Consider: chin liposculpture

**Increasing jowls and nose to mouth lines becoming deeper?**

Consider: short scar facelift

Consider: Endotine mid-facelift

**Embarrassed by Gynaecomastia or man boobs?**

Consider: gynaecomastia excision with Vaser™ liposelection contouring

**Struggling to get a wash board stomach?**

Consider: Chest and flank bodysculpture with Vaser™ liposelection

Consider: Tummy tuck

**Butt moving south?**

Consider: implants or filler into the cheeks of your bottom